



REGISTRATION

Pre-registration cost: \$25.00

At the door \$30.00

Name

Address

City, State Zip

Phone

Make checks payable to: **CT AAIDD**

Send Registration Form to:

Donald N. Miller, Ph.D.
Treasurer CT Chapter AAIDD
137 Kenyon Street, Hartford, CT 06105

Seating is limited.

Please register early and return this form no later than **April 30, 2011.**

Payment must accompany registration

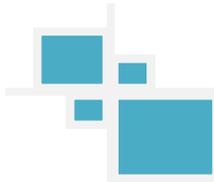
Lunch and refreshments included

Questions: Contact Beth Aura Miller @

bethaura.miller@ct.gov

During registration Danish, coffee and juice will be served

Lunch included – Catered by Green Bean



Presented by:

The Connecticut Coalition
on Aging and Developmental
Disabilities,
The Department of
Developmental Services
&
The Connecticut Chapter
of the American Association
on Intellectual and Developmental
Disabilities



AGING TOGETHER

May 6, 2011

8:30 am -2:30 pm

Keeney Center
Wethersfield, Conn.





Conference Schedule

8:30 am 9:00 am	Registration
9:00 am 9:30 am	Welcome <i>Peter O'Meara, Commissioner DDS</i> <i>Pam Giannini, Director of Aging DSS</i>
9:30 am 12:00 pm	Total Engagement: Arts-Based Meaningful Activities and New Complementary Therapies <i>Pamela Atwood, Dir. of Dementia Care and Life Enrichment, Hebrew Health Care, Inc.</i>
12:00 pm 1:00 pm	Lunch –Networking
1:00 pm 2:30 pm	“Sharegiving”: Training Techniques for Professional Caregivers <i>Panel from the Jewish Home for the Elderly</i>

DIRECTIONS

Keeney Center
200 Main Street
Wethersfield, CT
Telephone: (203) 529-7161

From I-91 North: Take Exits 25-26. Bear right and take Exit 26 (Old Wethersfield). Turn left at the end of the exit ramp and follow signs to Marsh Street. Turn left and follow Marsh Street to Main Street. Turn left on Main Street. The Keeney Center is the third building on the left.

From I-91 South: Take Exit 26. Turn right and go to Marsh Street. Turn left and follow Marsh Street to Main Street. Turn left on Main Street. The Keeney Center is the third building on the left.



Total Engagement: Arts-Based Meaningful Activities and New Complementary Therapies

Pamela Atwood MA, CDP, CLL, Dir. of Dementia Care and Life Enrichment, Hebrew Health Care, Inc.

This highly interactive workshop will begin with a review of the total engagement philosophy and the “work” of those who are aging. After learning how to identify what is meaningful, the benefits of arts-based activities will be explored. Several so-called therapies from complementary and integrative medicine will be reviewed, including; horticultural, laughter, cognitive, alternative music and movement, and animal assisted activities. Participants will have opportunities to practice laughter therapy/stress – relief techniques, and how to apply these principles with special needs populations.

“Sharegiving”: Training Techniques for Professional Caregivers

Panel Members from the Jewish Home for the Elderly:
Ellen Ashkins, Dir. of Residential Life
Sergio Esteves, Asst. Nurse Manager
Erena Fitzgerald, Nurse Manager
Nancy Meliso, RN, Clinical Team Leader
Paula Offley, Certified Nurse’s Aide

This presentation will demonstrate techniques to convey the essential points caregivers need to know how to carry out their responsibilities efficiently, effectively, and empathetically.

